

**Message Notes to
“HOW TO PRAY”
One in a series of messages entitled
THE SECRET
February 1, 2015
(Luke 11:1-4)**

One day Jesus was praying in a certain place. When he finished, one of his disciples said to him, “Lord, teach us to pray, just as John taught his disciples.”

² *He said to them, “When you pray, say:*

*“‘Father,
hallowed be your name,
your kingdom come.*

³ *Give us each day our daily bread.*

⁴ *Forgive us our sins,
for we also forgive everyone who sins against us.
And lead us not into temptation.’” (Luke 11:1-4)*

There are six types or kinds of prayer that we should offer to God:

1. INVOCATION. (v. 2)

“To you I call, O LORD my Rock . . . Hear my cry for mercy as I call to you for help, as I lift up my hands toward your Most Holy Place.” (Psalm 28:1-2)

2. CONFESSION. (v. 4)

“Have mercy on me, O God, according to your unfailing love; according to your great compassion blot out my transgressions. Wash away all my iniquity and cleanse me from my sin. For I know my transgressions, and my sin is always before me. Against you, you only, have I sinned and done what is evil in your sight, so that you are proved right when you speak and justified when you judge.” (Psalm 51:1-4)

3. ADORATION. (v. 2)

“Praise the LORD, O my soul; all my inmost being, praise his holy name. Praise the LORD, O my soul, and forget not all his benefits—who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion, who satisfies your desires with good things so that your youth is renewed like the eagle's.” (Psalm 103:1-5)

4. THANKSGIVING.

“It is good to say, ‘Thank you’ to the Lord, to sing praises to the God who is above all gods. Every morning tell him, ‘Thank you for your kindness,’ and every evening rejoice in all his faithfulness . . . You have done so much for me, O Lord. No wonder I am glad! I sing for joy.” (Psalm 92:1-2, 4)

5. PETITION. (vv. 3-4)

“Save me, O God, by your name; vindicate me by your might. Hear my prayer, O God; listen to the words of my mouth.” (Psalm 54:1-2)

6. INTERCESSION. (vv. 2-4)

“Remember the people you purchased of old, the tribe of your inheritance, whom you redeemed—Mount Zion, where you dwelt.” (Psalm 74:2)

***** Remember, the highest form of prayer is SILENCE while we wait upon God and listen to God.